

EPISODE 01 · PARENT ENGAGEMENT GUIDE

The 5 Jars: Where Every Dollar Goes

One dollar. Five smart questions. A whole life of choices.



Money habits set before age 14 stick for life. This is the framework wealthy families teach at the dinner table.

Most adults never had this conversation as kids — and they pay for it their whole lives. In two minutes, your child will see the simple five-jar system that turns every dollar into a decision.

Tagline: The Money Lessons Schools Skip. Taught as an Adventure, Not a Lecture.

WHY THIS LESSON MATTERS NOW

Most American adults learned about money by trial and error and by absorbing whatever their household modeled. Research consistently shows that financial habits set before age 14 persist into adulthood. This episode is a 2-minute on-ramp to a real, useful skill — designed so you and your child can take ten extra minutes tonight and lock in the concept for life.

Core skill this episode delivers:

Allocate every dollar across five jars: Earn, Save, Spend, Give, Goal.

The 2-minute video does the hook. This guide does the deep-dive.

DINNER-TABLE PROMPTS — THREE AGE BANDS

Pick prompts at your child's level. Older kids can answer the younger prompts faster, but you might be surprised what they say.

Age band	Prompt
Squire (6-9)	What did CASH/PENNY/BUCK/GIVER/KENJI ask in the video that made you stop and think?
	If you had five dollars right now, what would you do with it first?
	What is one new word you learned today?
Knight (10-13)	Pick ONE of the five pillars from this episode. Explain it back to me without looking.
	What is one money mistake you have already made — even a small one?
	If you could change one thing about how our family handles money, what would it be?
Champion (14-16)	How does this episode connect to the kind of adult you want to be at 25?
	What is the one thing in this lesson that you think most adults get WRONG?
	If we made one change starting next month based on this episode, what should it be?

A 5-DAY HOME ROUTINE

Optional but powerful. Stick this on the fridge. Each day takes under 10 minutes.

Day	What we do	Time
MON	Watch the 2-minute video together. Pause at the hook.	5 min
TUE	Pick one of the five pillars. Discuss in plain language.	8 min
WED	Open the Kids workbook to the comic page. Do it together.	10 min
THU	Family-chat prompt at dinner.	10 min
FRI	Champion challenge: extension question. Optional reward.	10 min

MILESTONES BY AGE

Realistic, age-band-aware indicators that your child has internalized this episode. Tick them off as you see them.

Age band	Milestone you should see
Squire (6-9)	Names at least 3 of the 5 pillars without prompting.
Squire (6-9)	Uses one new vocab word in conversation this week.
Knight (10-13)	Can rebuild the 5-pillar diagram from memory on paper.
Knight (10-13)	Connects this episode to a real choice they made or saw.
Champion (14-16)	Defends an opinion using a vocab word from the glossary.
Champion (14-16)	Proposes a real change to a household money habit.

YOUR FAMILY MONEY-CONFIDENCE CHECK

Tick the boxes you can honestly tick today. Re-tick in 90 days after running the Pillars series.

Our family talks about money at the dinner table at least once a week.

Each child can name at least 3 of the 5 jars without prompting.

Each child has a real or pretend container for at least one jar.

We have an emergency fund of at least \$500 (or have a plan to get there).

Each working adult contributes to a retirement account, even a small amount.

We know roughly what our effective tax rate is.

We have at least one type of insurance for our biggest 'rare ruinous' risk.

We have run at least one micro-business loop (lemonade, lawn, Etsy, dog-walk, etc.) with the kids.

Our kids know the difference between 'chase-it' and 'pay-away' risk.

Our kids know the Rule of 72.

PARENT GLOSSARY (so you can answer their questions)

Word	Plain meaning
Allocate	To choose where each dollar goes — on purpose, not by accident.
Earn	Money you trade your time, skill, or work for.
Save	Money you set aside for tomorrow's surprise.
Spend	Money you use on something you actually need or truly enjoy.
Give	Money you share with people, causes, or community.
Goal	Money you stack toward one specific big thing.
Jar	A simple container — real or imaginary — that holds money on purpose.
Habit	A small action you repeat until it does itself.

CONVERSATION RECOVERY KIT

Kids push back. That is healthy. Here are 6 things they might say and what works to keep the conversation going. Pick one phrase you would actually use.

If your kid says...	Try saying...
This is boring.	Fair. The first 30 seconds of every adult skill is boring. The second 30 are useful. Want
Why does this matter?	Because the kid who learns this at 12 saves about 70 percent more by 30. That is not c
My friends don't do this.	Your friends will pay rent in 6 years. The kid who knows this will pay it without panic.
I don't have any money to manage.	Today you have zero. In 5 years you will have paychecks. We are practicing now while
You don't follow this either.	Honest answer. We start tonight. Together.
Can we just watch a video instead?	Yes — exactly the 2-minute video this guide goes with. Then 5 more minutes. Deal?

COMMON ADULT MISTAKES THIS LESSON HEADS OFF

- Treating allowance as 'spending money' only — never naming Save, Give, Goal jars.
- Equating frugality with virtue and never teaching the EARN side.
- Letting a child save without ever spending — money loses the joy/fear feedback loop.

HOW CASHQUEST KIDS FITS A BUSY HOUSEHOLD

You do not have hours to teach money. The whole curriculum is built so that 10 minutes a week — well-placed — beats two hours of lecture. Here is how parents actually use the master pass on real schedules.

Household shape	How the pack fits
Two-working-parent household	Watch the 2-minute Pillars video at breakfast. Pin the dinner-table prompt to the fridge.
Single-parent household	Use the 5-day routine table — each day is under 10 minutes. Trade the family chat for
Multigenerational household	Grandparents are a force-multiplier. Have a grandparent answer the family-chat prompt
Foster / blended household	Kids may have heard conflicting money rules from multiple adults. The 5-jar / risk / hou
Homeschool / co-op household	Use the Teacher pack as the primary lesson plan. Run all 6 Pillars episodes as a single

TRACT DECISION HELPER

Six honest questions to help you and your child pick the FIRST tract to go deep on after the Pillars series.

Question	Decision rule
Which mentor did your child mention by name AT DINNER?	That is the tract.
Which episode did they want to re-watch?	That is the tract.
Which family money topic CAUSES THE MOST FRICTION at home?	That is probably the tract.
Which topic would build the most confidence for a kid right NOW (vs. later)?	That's the confidence-builder.
Which tract has the lowest activation energy this month?	Start where you can ACT immediately.
Which tract are YOU least comfortable with — and willing to learn alongside?	Modeling learning is the most powerful move.

RESOURCES + WHAT'S NEXT

Loved CASH/PENNY/BUCK/GIVER/KENJI? Go deeper inside the Money Smarts tract.

Master all-access — \$149/year:

Enroll in the full curriculum at [flexlifefi.com/cashquest-kids](https://www.flexlifefi.com/cashquest-kids) — \$149/year all-access. Includes 60+ episodes, K/P/T teaching packs, Transcript Kit, and Certificate of Completion across all 5 tracts: Money Smarts, Insurance Genius, Investor Lab, What's a Tax, and Business World.

Enroll: <https://www.flexlifefi.com/cashquest-kids>

Other tracts in the same pass:

Money Smarts. Insurance Genius. Investor Lab. What's a Tax. Business World.

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